

		Year 7	Year 8	Year 9	Year 10	Year 11
October	P1	Developing positive relationships	British Values: multiculturalism, diversity, defining diversity, stereotype and prejudice, equity and equality	Personal finances: understanding a payslip: income, expenses and taxation, savings, interest, ISAs and repayment; credit and loans	Healthy relationship, positive aspects of intimate relationships (mutual respect, consent, loyalty, trust, shared interests, sex and friendship) committed to relationships, marriage and co-habiting	Careers
	P2	Sex & relationships education (linking with the science curriculum)	British Values: Black history month, influences of Black communities on British history	Street wise, street safe: staying safe in public, responsible behaviour on the road	Positive self-image, comparing yourself to others, unrealistic self-image	Healthy lifestyle, healthy eating, risks including dental health and cancer
November	P2	Managing your money, difference between wants and needs, value for money, mobile phone contracts	Smoking and alcohol, why do people smoke and drink, impact of smoking and alcohol on the body, responsible attitude towards smoking and drinking	British Values: Britain around the world, role of British military around the world, protecting human rights, supporting refugees and asylum seekers, UN and other governmental agencies	Her rights and freedoms: women's rights, abortion, consent, family planning, careers, marriage, FGM	Growth mind-set, motivational exercises, motivational post card- removing barriers, aspirations
	P3	Personal learning and thinking skills and learning styles, key skills, learning effectively, careers, revision techniques	Online relationships, positive powers of the internet and social networks, reporting concerns and abuse, exploitation and grooming, laws around viewing and sharing sensitive images	Safety online, positive ways to communicate online, cyberbullying and safety, worried about online incident	Advances, abuse and addiction, drug addiction, self-medication. pharmaceutical companies, link to serious mental health problems, supply and possession, effects of alcohol, dependence on alcohol, prescription drugs and dangers, smoking and e-cigs	Revision and mocks, timetables
January	P1	Mental and emotional wellbeing, what is mental health, signs of struggle, where to get help and support	Mental health & well-being, positive self-image, source of support	My greatest achievements, review of successes and learning priorities, how we learn best and ambitions	Sex, STIs and how they're transmitted, how risks can be reduced, testing and treatment, safer sex, stats	Women's rights, porn, violence, exploitation, trafficking, prostitution (women, children and men) distorted picture of sexual behaviours and expectations
	P2	British Values: the role of the police and courts, PCSOs, how courts work	Woodrush team challenge, application of communication, collaboration, team work, organisation, problem solving	Gambling, the dangers of gambling, impact of addiction on individuals and families	Taking care of your body, contraception, identifying and managing sexual pressure, choice to delay sex, intimacy without sex, personal hygiene, dental health, regular self-examination	Consent and the law, identifying and managing sexual pressure, in the media, influence of drugs and alcohol
February	P1	Sensible shopping and consumer rights, deals in shops, ensure value for money, rights when you make a purchase	Keeping fit, importance of active lifestyle and exercise	Being safe, law around consent, your body, your choice, sexual exploitation & abuse, alcohol and the risk of loss of control	Gangs, exploitation and violence, county lines, criminal activities	My cyber footprint, choices online, data collection and how it is used, law around viewing and sharing indecent images
	P2	Making a difference: global charity and Fairtrade (including a £1 charity challenge)	Making a difference: global citizenship, when disaster strikes, global environmental issue, role of NGOs	Mental health & personal well-being coping with stress, anxiety & depression and coping with loss & bereavement	Hate crime, extremism, far right, radicalisation, honour killings	Money sense, credit cards, loans, mortgages, payday loans, credit rating

March	P1	Skills for life, personal likes and dislikes, goal setting, reflecting on Y7 success	Managing a budget, cost of living, balancing income and expenditure	Her rights and freedoms: women's rights global treatment of girls and women, harassment and sexual discrimination challenging gender stereotypes, sexual equality and human rights of children and women	Bullying, peer on peer abuse, sexual harassment, sexual violence, viewing and sharing harmful content online, cyberbullying, impact of bullying, responsibilities of a bystander	Pregnancy and abortion, keeping the baby and help, miscarriage, trimesters, childbirth, first year after birth, breastfeeding and bottle feeding, post-natal depression, different family structures
	P2	Peer pressure, who do you trust? If someone is trustworthy and how to report concerns about others, seeking advice or help, detecting and resisting negative influences, taking responsibility, good role-models	British Values: radicalisation & extremism, violence and exploitation of gangs, hate crimes, extremist movements, freedom of speech and the law	British Values: the influence of gangs, the impact of gangs on individuals and communities, risks associated with gang culture; vulnerability and grooming; gun and knife crime and the law	Active citizenship, voting, referendum, representative democracy, MEPs, MPs, peaceful protest	Early parenting including adoption, the value of family, family planning, fertility, roles and responsibilities of "successful" parents
May	P1	Healthy eating, understanding nutrition, excessive dieting and unhealthy eating, healthy diets, improving diets	Healthy relationships, value of family, recognising abusive relationships, self-empowerment in relationships, knowing where to get help	Caring for the global environment and key environmental issues globally, ways of reducing our impact on the global environment	First aid basic treatment for common injuries	
	P2	Healthy lifestyles, oral hygiene, importance of sleep, phones and screen time, gaming, addiction, personal hygiene	Careers and your future, success of Y8 and preparing for Y9, plans and hopes for future, recognising and overcoming barriers	The danger of drugs, understanding classifications, influence of alcohol on addiction, case studies of addiction	First aid CPR and defibrillator	
June	P1	Caring for the local environment, ways humans are negatively affecting the environment, consequences locally, ways we can be more sustainable	Caring for the national environment, key environmental issues nationally, reduce impact on environment in the UK	British Values: equality & pride, Sex Discrimination Act and equality law, the history of LGBT+	Mindfulness, coping with stress, helping each other, organisational skills, growth mind-set	
	P2	Olympics 2021, role of sport uniting nations, positive value of sports on individuals and communities, virtues and vice of sport	Olympics 2021, role of sport uniting nations, positive value of sports on individuals and communities, virtues and vice of sport	Olympics 2021, role of sport uniting nations, positive value of sports on individuals and communities, virtues and vice of sport	Olympics 2021, role of sport uniting nations, positive value of sports on individuals and communities, virtues and vice of sport	