

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken & Vegetable Chow Mein	Pork Sausage with Cajun Wedges & Sweetcorn/Beans	Brown Stew Chicken with Rice n Peas, Steamed Veg and Festival Dumpling	Chicken Tikka Curry with Brown Rice & Naan Bread	Hand Battered Fish with Chips, Baked Beans, Peas or Curry Sauce
	ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY				
PLANT BASED / VEGETARIAN	Oriental Vegetable Chow Mein	Vegan Sausage with Cajun Wedges & Sweetcorn/Beans	Seasoned Quorn Fillet served with Roast Potatoes	Soy Quorn with Oriental Vegetable Fried Rice	Vegetable Pizza served with Chips, Baked Beans, Peas or Curry Sauce
	ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY				
STREET FOOD	Chicken Tikka Wrap with Crispy Salad & Minted Yoghurt	Donner Meat Naan Kabab With Salad & Mint Yogurt	Jerk Chicken Wrap	Hot N Spicy Southern Fried Chicken Baguette	Southern Fried Chicken Fillets with Chips, Baked Beans or Curry Sauce
TAKEAWAY TUBS	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of sauces	Pasta served with Selection of Sauces
PIZZA SLICE	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 85p EACH				
DESSERTS	Apple Crumble with Custard	Chocolate Cake with Custard	Sticky Toffee Pudding with Custard	Vanilla Sponge with Custard	White Chocolate Cookie Bake

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.50

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day