

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The overall composition is clean and modern, with a white central area where the text is placed.

RUSH ACTIVE

HOW WE WILL KEEP YOU SAFE

DECEMBER 2020

We've been making changes and adaptations to make The Hub a safe and fun place to be. Below, we've listed some of the ways in which things might be a little different. Don't worry though, we are here to guide you every step of the way and we can't wait for you to come back and enjoy our gym facilities and studio classes once again.

BEFORE YOU ARRIVE

Please self check you do not have any of the following symptoms:

- High temperature
- A new, continuous cough
- A loss of change to your smell and taste

If you have any of these symptoms or feel unwell, please stay home & stay safe.

YOUR SAFETY IS OUR TOP PRIORITY

- Please use the available hand sanitiser. Hand sanitiser stations are accessible as you enter and exit The Hub, the gym and the studio.
- Please make use of the anti-bacterial wipes provided to sanitise any equipment you use before and after use, in both the gym and studio.
- Please follow the signage on the doors and floors in order to safely navigate your way around The Hub and adhere to social distance guidelines.
- Please make sure that you stay in your clearly-marked, designated areas whilst using the Free Weights and Functional areas in the gym and whilst in the Studio.
- Please be aware of pieces of equipment that are temporarily out-of-use in order to follow social distancing guidelines. These pieces of equipment have been clearly marked.
- Please use the water fountains to fill personal water bottles only, and make sure you follow the guidelines clearly stated at each water station.
- Please be aware that lockers will be out-of-use. We advise that you arrive gym ready to reduce the use of the showers, which can be available if necessary.
- Our air conditioning system has been approved for use and will be working hard to bring fresh, cooled air into the studio and gym area.